

# TCU ADOL THKFORM B

## *Scales and Item Scoring Guide*

**Scoring Instructions.** Numbers for each item indicate its location in the administration version, in which response categories are 1=Disagree Strongly to 5=Agree Strongly; ® designates items with reflected scoring. Scores for each scale are obtained by summing responses to its set of items (after reversing scores on reflected items by subtracting the item response from “6”), dividing the sum by number of items included (yielding an average) and multiplying by 10 in order to rescale final scores so they range from 10 to 50 (e.g., an average response of 2.6 for a scale becomes a score of “26”).

### GENERAL THINKING SCALES

#### **A. Problem Solving Efficacy (PSE)**

**I am confident that I can --**

- 12. walk away from a fight.
- 15. be proud of the goals I have for my life.
- 16. admit when I am wrong.
- 17. be patient and stick with something hard.
- 20. finish things on time.
- 21. get adults to help me when I have a problem.
- 23. remain calm when things get heated.
- 24. arrange a place where I can concentrate.
- 26. resist pressure to do things that can get me in trouble.
- 29. find ways to get myself started on difficult tasks.
- 30. get a friend to help me when I have a problem.
- 32. resist the urge to give up easily when I run into problems.

#### **B. Drug Resistance Efficacy (DRE)**

**I am confident that I can --**

- 14. find ways of reducing stress, that don't involve alcohol/drugs.
- 18. make friends with people who don't use alcohol/drugs.
- 22. resist the temptation to use alcohol/drugs when others around me are using.
- 28. find things to do that I enjoy but that don't involve alcohol/drugs.
- 31. avoid situations and people where alcohol/drugs are present.

#### **C. Assertiveness (ASY)**

**I am confident that I can --**

- 13. express my opinions when others disagree with me.
- 19. stand firm to someone who is asking me to do something unreasonable.
- 25. stand up for myself when I feel I am being treated unfairly.
- 27. ask others to stop annoying me or hurting my feelings.
- 33. say 'NO' when I need to.

#### **D. General Invincibility (IVY)**

2. It's easier for me than other kids to overcome obstacles.
3. I can talk my way out of most problems when other kids can't.
5. It is easier for me to get away with things other kids get in trouble for.
6. I think of myself as having more ability than others.
9. I am more likely than others to do things my way no matter what anyone else says.
11. Compared to others, I don't get hurt when I do risky things.

#### **E. Optimism and Hope (OHY)**

1. Overall, I expect more good things to happen to me than bad.
4. I'm always optimistic about my future.
7. I hardly ever expect things to go my way. ®
8. I rarely count on good things happening to me. ®
10. If something can go wrong for me, it will. ®

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Client ID#	Today's Date	Facility ID#	Administration	Study Code
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## TCU ADOL THKFORM B

<i>Disagree</i>				<i>Agree</i>
<i>Strongly</i>	<i>Disagree</i>	<i>Uncertain</i>	<i>Agree</i>	<i>Strongly</i>
(1)	(2)	(3)	(4)	(5)

Please indicate how much you **AGREE**  
or **DISAGREE** with each statement.  
If you neither agree nor disagree,  
mark **UNCERTAIN**.

- |   |                       |                       |                       |                       |                       |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. Overall, I expect more good things to happen to me than bad. ....                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. It's easier for me than other kids to overcome obstacles. ....                         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. I can talk my way out of most problems when other kids can't. ....                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4. I'm always optimistic about my future. ....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. It is easier for me to get away with things other kids get in trouble for. ....        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6. I think of myself as having more ability than others. ....                             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7. I hardly ever expect things to go my way. ....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8. I rarely count on good things happening to me. ....                                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9. I am more likely than others to do things my way no matter what anyone else says. .... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10. If something can go wrong for me, it will. ....                                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 11. Compared to others, I don't get hurt when I do risky things. ....                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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<b>Client ID#</b>	<b>Today's Date</b>	<b>Facility ID#</b>	<b>Administration</b>	<b>Study Code</b>

<i>Disagree</i>				<i>Agree</i>
<i>Strongly</i>	<i>Disagree</i>	<i>Uncertain</i>	<i>Agree</i>	<i>Strongly</i>
(1)	(2)	(3)	(4)	(5)

**I am confident that I can –**

- |     |  |                       |                       |                       |                       |                       |
|-----|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 12. | walk away from a fight. ....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 13. | express my opinions when others disagree with me. ....                           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 14. | find ways of reducing stress, that don't involve alcohol/drugs. ....             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15. | be proud of the goals I have for my life. ....                                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 16. | admit when I am wrong. ....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 17. | be patient and stick with something hard. ....                                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18. | make friends with people who don't use alcohol/drugs. ....                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19. | stand firm to someone who is asking me to do something unreasonable. ....        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20. | finish things on time. ....  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 21. | get adults to help me when I have a problem. ....                                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22. | resist the temptation to use alcohol/drugs when others around me are using. .... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 23. | remain calm when things get heated. ....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24. | arrange a place where I can concentrate. ....                                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 25. | stand up for myself when I feel I am being treated unfairly. ....                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 26. | resist pressure to do things that can get me in trouble. ....                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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<b>Client ID#</b>	<b>Today's Date</b>	<b>Facility ID#</b>	<b>Administration</b>	<b>Study Code</b>

<i>Disagree</i>				<i>Agree</i>
<i>Strongly</i>	<i>Disagree</i>	<i>Uncertain</i>	<i>Agree</i>	<i>Strongly</i>
(1)	(2)	(3)	(4)	(5)

- |     |   |                       |                       |                       |                       |                       |
|-----|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 27. | ask others to stop annoying me or hurting my feelings. ....               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 28. | find things to do that I enjoy but that don't involve alcohol/drugs. .... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29. | find ways to get myself started on difficult tasks. ....                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 30. | get a friend to help me when I have a problem. ....                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 31. | avoid situations and people where alcohol/drugs are present. ....         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 32. | resist the urge to give up easily when I run into problems. ....          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 33. | say "NO" when I need to. ....   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |