

TCU ADOL THKFORM A

Scales and Item Scoring Guide

Scoring Instructions. Numbers for each item indicate its location in the administration version, in which response categories are 1=Disagree Strongly to 5=Agree Strongly; ® designates items with reflected scoring. Scores for each scale are obtained by summing responses to its set of items (after reversing scores on reflected items by subtracting the item response from “6”), dividing the sum by number of items included (yielding an average) and multiplying by 10 in order to rescale final scores so they range from 10 to 50 (e.g., an average response of 2.6 for a scale becomes a score of “26”). Note: **** indicates items that are not used in scale development.

GENERAL THINKING SCALES

A. Negative Urgency (NUY)

- 4. When I am upset I often act without thinking.
- 7. When I feel rejected, I will often say things that I later regret.
- 10. It is hard for me to resist acting on my feelings.
- 19. Sometimes when I feel bad, I can't seem to stop what I am doing even though it making me feel worse.
- 25. I often make matters worse because I act without thinking when I am upset.
- 27. In the heat of an argument, I will often say things that I later regret.

B. Positive Urgency (PUY)

- 9. When I am very happy, I feel like it is OK to give in to cravings or overindulge.
- 11. When I am really happy, I tend to get out of control.
- 17. When I am really happy, I often find myself in situations that I normally wouldn't be comfortable with.
- 29. Others are shocked or worried about the things I do when I am feeling very excited.
- 31. When I get really happy about something, I tend to do things that can have consequences.
- 33. When I am really excited, I tend not to think of the consequences of my actions.

C. Premeditation (PMY)

- 2. Before making up my mind, I consider the advantages and disadvantages.
- 5. I am a cautious person.
- 8. I tend to follow a rational, ``sensible" approach to things.
- 12. I usually think carefully before doing most things.
- 21. I like to stop and think things over before I do them.
- 32. I usually make up my mind through careful thinking.

D. Attention (ATY)

- 1. I am usually able to concentrate well when reading.
- 14. I am usually able to concentrate well when listening.
- 22. I have trouble paying attention. ®
- 24. I have problems sticking with tasks until they are done. ®
- 35. I am usually distracted when doing work. ®

DRUG USE THINKING

Control over Drug Use (CPDU)

- 20. My use of alcohol/drugs is not a problem unless I get caught.****
- 23. Alcohol/drug use doesn't affect my ability to drive safely.****
- 26. I am in full control of my alcohol/drug use.
- 28. I will not get hurt from using alcohol/drugs.
- 34. I could stop my alcohol/drug use at any time.

Drug Culture (DCU)

- 3. Alcohol helps me feel a part of things.
- 6. Drugs help make a party better.
- 13. Drugs help me feel a part of things.
- 15. It is normal to use alcohol when you are a teenager.
- 16. Alcohol helps make a party better.
- 18. It is normal to use drugs when you are a teenager.
- 30. I feel pressure from my friends to use alcohol/drugs.****

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Client ID#	Today's Date	Facility ID#	Administration	Study Code
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TCU ADOL THKFORM A

<i>Disagree Strongly</i>	<i>Disagree</i>	<i>Uncertain</i>	<i>Agree</i>	<i>Agree Strongly</i>
(1)	(2)	(3)	(4)	(5)

Please indicate how much you **AGREE**
or **DISAGREE** with each statement.
If you neither agree nor disagree,
mark **UNCERTAIN**.

- | | | | | | |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. I am usually able to concentrate well
when reading. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2. Before making up my mind, I consider
the advantages and disadvantages. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3. Alcohol helps me feel a part of things. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4. When I am upset I often act
without thinking. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5. I am a cautious person. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6. Drugs help make a party better. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7. When I feel rejected, I will often say
things that I later regret. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8. I tend to follow a rational, "sensible"
approach to things. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9. When I am very happy, I feel like it is OK
to give in to cravings or overindulge. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10. It is hard for me to resist acting
on my feelings. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 11. When I am really happy, I tend to
get out of control. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 12. I usually think carefully before
doing most things. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 13. Drugs help me feel a part of things. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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Client ID#	Today's Date	Facility ID#	Administration	Study Code

<i>Disagree</i>				<i>Agree</i>
<i>Strongly</i>	<i>Disagree</i>	<i>Uncertain</i>	<i>Agree</i>	<i>Strongly</i>
(1)	(2)	(3)	(4)	(5)

- | | | | | | | |
|-----|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 14. | I am usually able to concentrate well when listening. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15. | It is normal to use alcohol when you are a teenager. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 16. | Alcohol helps make a party better. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 17. | When I am really happy, I often find myself in situations that I normally wouldn't be comfortable with. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18. | It is normal to use drugs when you are a teenager. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19. | Sometimes when I feel bad, I can't seem to stop what I am doing even though it is making me feel worse. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20. | My use of alcohol/drugs is not a problem unless I get caught. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 21. | I like to stop and think things over before I do them. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22. | I have trouble paying attention. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 23. | Alcohol/drug use doesn't affect my ability to drive safely. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24. | I have problems sticking with tasks until they are done. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 25. | I often make matters worse because I act without thinking when I am upset. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 26. | I am in full control of my alcohol/drug use. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 27. | In the heat of an argument, I will often say things that I later regret. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 28. | I will not get hurt from using alcohol/drugs. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Client ID#	Today's Date	Facility ID#	Administration	Study Code

<i>Disagree</i>				<i>Agree</i>
<i>Strongly</i>	<i>Disagree</i>	<i>Uncertain</i>	<i>Agree</i>	<i>Strongly</i>
(1)	(2)	(3)	(4)	(5)

- | | | | | | | |
|-----|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 29. | Others are shocked or worried about the things I do when I am feeling very excited. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 30. | I feel pressure from my friends to use alcohol/drugs. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 31. | When I get really happy about something, I tend to do things that can have bad consequences. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 32. | I usually make up my mind through careful thinking. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 33. | When I am really excited, I tend not to think of the consequences of my action. ... | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 34. | I could stop my alcohol/drug use at any time. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 35. | I am easily distracted when doing work. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |